

## LUNCH/ DINNER MENU



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## LUNCH/ DINNER MENU

 OPEN EVERY DAY 8:00AM-6:00PM| MON | 8:OOAM-6:00PM |
| :--- | :--- |
| TUES- THURS | 8:00AM-8:00PM |
| FRI- SAT | 8:00AM-9:00PM |
| SUN | 8:00AM-6:00PM | :00AM - 9:00PM 8:00AM - 6:00PM

## APPETISERS

$S$-seasonal -vegetarian

## Crispy Calamari

Crispy calamari heads and tubes, served with lemon herbs and mild harrisa mayo

Crumbed Button Mushrooms D
Deep fried mushrooms served with our creamy cheese sauce

## Crumbed Halloumi

Deep fried halloumi served with pesto mayo

## Crispy Chicken Strips

Deep fried chicken strips in our fresh herb seasoning served with mild harissa mayo

## Chicken Wings

Basted in your choice of honey and soya sauce topped with sesame seeds or peri peri sauce (8 pieces)

## Trinchado

Steak strips fried in butter, garlic, Napolitana and cream sauce with a hint of chilli. Served with toasted sour dough

## Grilled Calamari

-105-
Baby calamari heads and tubes panned in lemon, garlic, butter, white wine, herbs and cream or creamy peri peri sauce. Served with toasted sour dough

## Falafel D

Four Falafel balls served on a bed of tomato and onion salsa topped with tzatziki sauce. Served with hummus and toasted sour dough bread

## Tempura Prawns NEW

Four queen prawns tempura battered, crumded and fried served with sweet chilli mayo


## WRAPS

Served with your choice of chips or salad

## Sriracha Chicken Wrap $S$

Chicken strips and onion grilled in a garlic, ginger, sriracha sauce, with lettuce, spring onion, cucumber, carrots, avo and feta
Halloumi Wrap
-115-
Crumbed halloumi, roasted tomatoes, hummus, grated carrots, herbs and lettuce

Cajun Chicken Wrap
Cajun chicken strips, avo, roasted peppers, feta cheese, Cajun Mayo and mixed lettuce

Crunchy Beef Wrap
-119-
Beef strips grilled in honey, ginger and garlic sauce, shredded cabbage, carrots, cucumber, toasted peanuts, coriander and crispy onion rings

Falafel Wrap
-105-
Falafel, hummus, tzatziki, red onion, roasted tomatoes, cucumber and mixed lettuce

## TTRAMEZZINI <br> Served with your choice of chips or salad

Cajun Chicken and Bacon ..... -120-
Cajun chicken strips, bacon, mozzarella and Cajun mayo
Bacon, Avo and Feta $S$-120-
Bacon, avo, feta, mozzarella and chutney
Chicken and Mayo-99-
Our special chicken and mayonnaise served withmozzarella
Steak Tram New-130-Steak strips in our secret basting sauce, grilled caramelisedonion, feta, grilled tomatoes and mozzarella
Pulled Pork-120-Pulled pork, crispy crumbed onion, feta, mozzarella andsweet chilli sauce
Veggie nsw ..... -105-
Grilled mushrooms, mozzarella, chickpeas, grilled zucchini,onions and peri mayo
Chicken and Avo $S$
Lemon chicken strips, avo, tomato, mozzarella and harissa mayo

## OPEN SANDWICH

Served with your choice of White, Brown, Low Gl or Sour Dough Toast/ Rye Bread - extra - 3 Served with your choice of chips or salad

## Cajun Chicken

Cajun chicken strips, mozzarella, roasted peppers, Cajun mayo and avo

Smashed Avo and Halloumi $S$

## Sriracha Chicken


-110-
Sriracha chicken strips, carrots, spring onion, feta, herbs topped with crumbed onion and peri mayo

## Chicken and Bacon Caesar S

Grilled lemon chicken strips, bacon, avo, tomatoes, parmesan shavings, lettuce and cajun mayo

Your choice of bread topped with honey and mustard cream cheese, steak strips and red onions grilled in garlic butter, glazed with honey and Dijon mustard. Topped with grilled tomatoes, dill pickles and rocket

## LUNCH/ DINNER MENU

## GOURMET BURGER

## Choose between a Beef Burger or Chicken Breast

Served with your choice of chips or salad

## Classic Burger

Tomato, dill cucumber, lettuce, crispy onion rings and burger sauce

## Jalapeño Cheese Burger

sauce, feta, grilled jalapeño,
Topped with cheddar cheese sauce, feta, grilled jala
grilled red onion, tomato, lettuce and burger sauce

## Gourmet Burger

Bacon, onion rings, avo and homemade chutney
Ask for your choice of blue cheese mozzarella or cheddar

## Peri Chicken Burger

Your choice of chicken breast either flame grilled in peri peri or deep fried in our special crumb on a bed of peri-slaw topped with tomato and peri-mayo

## Pulled Rib Burger

Shredded pork rib meat grilled with red onions in honey and soy sauce, on a bed of slaw topped with coriander, sesame seeds and crispy onions

Spicy Bacon and Cheese Burger
Our classic burger topped with bacon, cheddar cheese and spicy peri mayo

## STEAK

Grilled in our secret basting and served with your choice of chips, rice, salad, roasted mixed veg or mash
Fillet Steak $\mathbf{2 5 0 g}$
Rump Steak 300g
T-Bone Steak 500g

## Add a sauce of your choice

-25-
Cheese Sauce/ Creamy Mushroom Sauce/ Pepper Sauce/ Jalapeño Cheese Sauce/
Blue Cheese Sauce

## Blue Cheese Steak

Steak smothered in a creamy garlic butter, blue cheese sauce topped with balsamic glazed caramelised onions, roasted cherry tomatoes
Fillet Steak 250g
-235-
Rump Steak $\mathbf{3 0 0 g}$

## PORK

Served with your choice of chips, rice, salad, roasted mixed veg or mash

Pork Ribs 400g
600 g
-249-
800g
-319-

[^0]

## CHICKEN

Served with your choice of chips, rice, salad, roasted mixed veg or mash

## Flame-Grilled Chicken

Flame-grilled chicken prepared in our secret marinade and finished off with your choice of lemon and herb or a mild peri-peri sauce

## Quarter <br> -89- <br> Half -123-

Full
-210-

## Chicken Wings Main

Basted in honey and soy sauce topped with sesame seeds or peri peri sauce (16 pieces)

## Chicken Schnitzel

Chicken breast in our special crumb topped with creamy cheese sauce served with coleslaw

## Blue Cheese Chicken

Chicken breast topped with blue cheese sauce topped with balsamic glazed caramelised onions and grilled tomatoes

## Salsa Chicken

-115-
Flame-grilled chicken breast basted in your choice of lemon and herb or peri peri sauce topped with avo, tomato and onion salsa and grilled corn


It is the client/s responsibility to notify your waitrons and/or Management about any allergens and/or special dietary needs and/or foods that you are alergic to- should you consume any. Should you also not consume any item due to religious beliefs and/or any other reason, the duty is not only to ordering accordance thereof but also to notify the manager on duty of any special dietary requirements. Should you fail to do so we will not be held liable for any damages arising out of any reason whatsoever, consequential or otherwise. Burger extras may be priced differently from other extra portions as portion sizes may differ.

## LUNCH/ DINNER MENU

## healthy Appetite

Honey and Soy Chicken Stir fry
Grilled chicken strips stir-fried with crunchy mixed veg, honey and soy sauce, ginger, garlic and basil. Topped with sesame seeds and served with jasmine rice
Veg Option -99-
Red Chicken Curry
Grilled chicken strips stir-fried with crunchy mixed veg, thai red curry paste, garlic, ginger and coconut milk. Served with jasmine rice
Vegan Option -109-
Sriracha Noodle


Noodles fired in sriracha sauce, garlic, ginger, chicken, cabbage, onion, carrots, green beans topped with spring onions

## Vegan Coconut Curry

Chickpeas, onion, zucchini, mushrooms, carrots and butternut in a coconut curry sauce.
Served with jasmine rice
Beef Curry
Our delicious Beef Curry a Harvest table favourite. Hearty beef cubes, onion and carrots in a mild curry sauce. Served with jasmine rice, sambals and chutney

## Chicken Coconut Curry

Tender chicken breast, onions in a coconut curry sauce Served with jasmine rice, sambals and tzatziki sauce Zucchini and Halloumi Option -119Chicken and Prawn Option -189-


## DESSERTS

## Assorted Cakes

Ask your waiter what freshly home baked cakes we have available today

## CinnaChurro

Spanish dough fried pastry strips coated in cinnamon sugar. Served with a lemon cream cheese sauce and ice cream, drizzled with chocolate sauce

## Chocolate Brownies

## Chocolate Volcano

A warm rich souffle made with fine chocolate and an oozing chocolate center

## Malva Pudding

Malva pudding made the traditional way using butter, fresh cream, apricot jam and a rich toffee sauce. Served with ice cream or cream and salted caramel sauce

## LUNCH/ DINNER MENU

SERVED FROM 11:30AM EVERYDAY

## COMBOS

Served with your choice of chips, rice, salad, roasted mixed veg or mash

## Half Chicken and Ribs*

Half chicken and 200g pork ribs
Quarter Chicken and Calamari*
Quarter chicken served with calamari head and tubes served crispy or grilled in either our lemon, garlic butter cream sauce or creamy peri peri
Change to half chicken - Add 65-
Quarter Chicken and Prawns*
Quarter Chicken and 4 queen prawns pan fried in your choice of lemon, garlic butter, white wine and cream sauce or creamy peri peri sauce
Change to half chicken - Add 65-

## Mighty Combo

Quarter chicken, borewors and 200g pork ribs

## *Chicken basted in either lemon and herb or

 peri peri sauce
## Rump and Wings

300g Rump steak and chicken wings (8 pieces) basted in honey and soy sauce topped with sesame seeds or peri peri sauce

## Ribs and Wings

-265-
400 g Pork ribs and chicken wings (8 pieces) basted in honey and soy sauce topped with sesame seeds or peri peri sauce

## Mixed Grill

200g Pork Ribs, borewors, chicken wings basted in honey and soy sauce topped with sesame seeds or peri peri sauce

## Wors and Ribs

400 g Pork Ribs and borewors

## Crispy Chicken and Calamari Combo

Crispy chicken strips and calamari heads and tubes
crumbed and fried served with harissa mayo

## Crispy Chicken and Sticky Wings

Crispy chicken strips and chicken wings (8 pieces) basted in honey and soy sauce topped with sesame seeds or peri peri sauce

## FISH \& SEAFOOD

Served with your choice of chips, rice, salad, roasted mixed veg or mash

## Grilled Calamari Main

Baby calamari heads and tubes panned in lemon, garlic, butter, white wine, herbs and cream or creamy peri peri sauce

## Crispy Calamari Main

Crispy calamari heads and tubes, served with lemon, herbs and mild harrisa mayo

## Hake

Deep fried in batter or pan fried in a lemon, garlic butter sauce. Served with coleslaw and mild harrisa mayo

## Calamari \& Hake

Baby calamari heads and tubes served either grilled in lemon, garlic, butter or crumbed and fried, with a fillet of hake deep fried in batter or pan fried in a lemon, garlic butter sauce. Served with coleslaw and mild harrisa mayo

## Prawns

Queen prawns in your choice of lemon, garlic butter, white wine, herbs and cream sauce or creamy peri peri

8 Queen Prawns

12 Queen Prawns

## Calamari \& Prawns

Crispy or grilled calamari head and tubes in a sauce of your choice served with four queen prawns in your choice of lemon, garlic butter, white wine, herbs and cream sauce or creamy peri peri

## Cheesy Hake \& Prawn

Grilled hake topped with four queen prawns in a garlic and cheese sauce


## SALADS

## Chopped Thai Beef

Beef strips grilled in honey, ginger, garlic and soy sauce, shredded cabbage, carrots, cucumber, spring onion, sesame seeds, toasted peanuts, coriander and topped with crispy onion rings
Replace beef with chicken strips -99-

## Crispy Calamari Salad

Crispy calamari heads and tubes, roasted tomatoes cucumbers, red onion, feta, topped with smashed chimichurri avo and rocket

## Cajun Chicken

Cajun chicken strips on a bed of greens, avo, cucumbers, red onion, sprinkled with pecan nuts

## Chicken and Bacon Caesar Salad

Chicken, back bacon bits, tomatoes, croutons on a bed of greens topped with parmesan shavings

Falafel balls, grilled cumin chick peas, tomato and onion salsa, avo, cucumber, grilled corn, carrots on a bed of greens


BREAKFAST SERVED UNTIL 11:30AM EVERYDAY
IHOT BEVERAGES
COFFEE
Double Espresso ..... -32-
Americano Coffee (DBL Shot) ..... -32-
Cortado (DBL Shot) ..... -35-
Cappuccino ..... -35-
Large Cappuccino (DBL Shot) ..... -40-
Flat White (DBL Shot) ..... -39-
Cream Cappuccino ..... -42-
Large Cream Cappuccino (DBL Shot) ..... -46-
-39-
Red Cappuccino ..... -40-
Large Red Cappuccino (DBL Shot) ..... -44- ..... -45

Decaf -5- extra

Change to Almond Milk -10- extra
Add a flavour twist of syrup to your coffee for -9
Hazelnut/ Caramel/ Chocolate/ Vanilla


## SPECIALTY DRINKS

[^1]
## COLD BEVERAGES

## DRINKS <br> Soda Drinks Oca Gola SCl Ask about our range of soda drinks Fruit Juices <br> Ask about our range of fruit juices Ice Tea



## CRUSHES

Mixed Berry -52-
Lemon and Mint -52-
Mango and Mint -52-
Passion Fruit and Mint -52-
Coffee (Dbl Espresso, milk and vanilla syrup) -52-
Coffee Freezo -52-
Bar-One Freezo -55-
Sugar Free Coffee Freezo -58-


[^0]:    Grilled and basted in our sweet sticky basting

[^1]:    Bar-One Hot Chocolate
    Bar-One hot chocolate topped with cream and Bar-One Sauce

    Peppermint Hot Chocolate
    Hot chocolate flavoured with peppermint, topped
    with cream and drizzled with chocolate sauce
    Creme Bruleé White Hot Chocolate
    White hot chocolate flavoured with vanilla, topped
    with cream and salted caramel sauce

